name	Distance	gain
Woodrat* to Sunset Vista, continuing on Sunset + Lower Chaparral - loop	2.8 - 3.0 miles	600'
Italian + Lower Chaparral - Ioop	1 mile	200'
Discovery – loop	1 mile	150'

Distance

Trail

Elevation Description (all trails start at the Park Office gain Trailhead)

A moderate, classic Quail Hollow hike. Offers the best views in the park (4 vistas), both sun and shade, benches, and picnic tables. This trail includes nine of our fifteen plant communities, including mixed Evergreen, Coast Redwood, Dwarf Redwood, Knobcone Pine, Coast Live Oak, and Ponderosa Pine forests, plus Sand Parkland, mixed Chaparral, and Eucalyptus Grove communities. Plus, great wildflowers in the spring, including Lupine on the Lower Chaparral section. Hikers-only on Woodrat, joined by equestrians on the Sunset and Chaparral sections.

An easy stroll. You will find many old Oaks, and plenty of shade for hot days. Includes Mixed Evergreen, and Coast Live Oak forests, Eucalyptus grove, California mixed chaparral, Grassland, and Pasture communities. The Italian trail was built by the Bonetti brothers where they had two cabins which were washed away in the 1982 flood. On the Lower Chaparral, you'll pass the remains of an old water tank, with its corrugated steel roof. Hikers and equestrians.

An almost-flat mile. You will discover Mixed Evergreen, Ponderosa Pine, Willow Riparian, and Coast Live Oak forests, Sand parkland, California mixed and Maritime chaparral, Grassland, Pasture, Eucalyptus grove, and Pond communities. Lupines bloom on the east side in late spring just past the stables if you take a clockwise stroll. You may find turtles, ducks, geese and occasionally, other aquatic birds in or near the pond. The westside is boggy after rains, and generally offers shade and a view of Quail Hollow Creek. Hikers and equestrians. *In spring 2019, you may see the Canada Geese with goslings at or near the pond.*

Color-coded trails

